

Podcast Planning

CHECKLIST

When writing your podcast script, make sure to:

- include an intro and outro that introduces the name of the podcast and the purpose of the episode
- introduce the podcast hosts
- focus on strategies for young people to support their wellbeing
- discuss the importance of emotions and how emotions can impact decisions
- provide real-world examples.

PROMOTION TASK



Podcast Icon (including podcast name and graphic):	
Show Notes (key messages from the episode):	
Additional Links (to websites that offer additional information and/or tools to students):	
Instagram Posts (min. 3 - need to include image, caption and hashtags):	