




NAME: _____

Good Friends

Step 1. Reflect on your relationships and identify people and/or behaviours demonstrating positive and negative signs of friendship as well as warning signs.

Step 2. Write these behaviours next to the corresponding traffic lights and consider what changes could be made to address negative aspects.

Step 3. Reflect on how you behave as a friend and identify what you could do to maintain positive relationships and improve on any negative behaviours.

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LifeChanger: Good Friends worksheet (Lesson 34)