

# Lunchbox snacks - Worksheet

Look through the following images of common lunchbox snacks, and for each item, record whether you think it contains sugar or not. Make some notes that justify your answers:



Sushi -



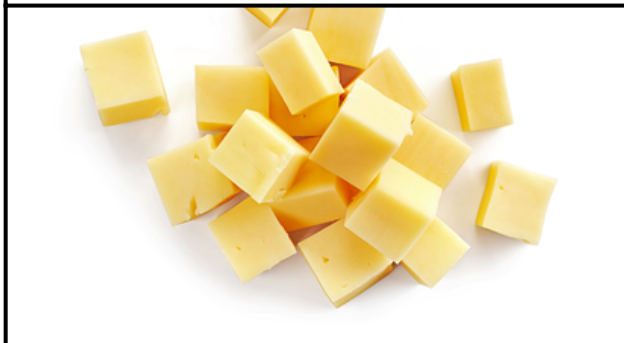
Dried fruit -



Fresh fruit -



Lollies -



Cheese -



Potato chips -





Fresh veggies -



Pita and humus -



Juice -



Chocolate -



Roll-ups -



Borek -



Hard-boiled egg -



Sweet biscuits -





Muesli bar -



Samosas and Kachoris -



Flavoured yoghurt -



Crackers -



Muffins and cake -



Popcorn -

