

Adding to Change

Respond to the prompts below to consider what types of containers you use and how you could add to waste reduction and resource protection.

Circle the type of container you think you use/consume the most each week:

Aluminium

Glass

PET

LPB

HDPE

Steel drink cans

Complete the table below to calculate the impact you could have by ensuring you recycle even just this one type of container...

Which container I use the most	How many I use in one week	How many I use in one year	Total weight of my containers for one year	Total weight in appropriate units (g, kg, tonnes)



**COOL
.ORG**

Reflection

Answer the following prompts to reflect on your own recycling habits...

Am I recycling as much as I can?	How can I recycle more?	Whose assistance will I need to do this?

