

Friendship Scenarios

1

Sarah and Emma have been best friends for years. However, lately, they have been experiencing a communication breakdown. Sarah feels like Emma is not listening to her and not making an effort to spend time together. Emma, on the other hand, feels overwhelmed with her own personal issues and unintentionally neglects their friendship. They both feel hurt and distant from each other.

What could Sarah and Emma do in this situation?

2

Alex and Taylor have been close friends since childhood. However, as they entered high school, Taylor started excelling academically while Alex struggled to keep up. Alex begins to feel jealous and compares themselves unfavourably to Taylor, leading to resentment and tension in their friendship.

How can Alex and Taylor sort this out to maintain a healthy and supportive friendship?

3

Liam and Max have been friends for a long time, but recently, Liam has noticed some negative traits in Max. Max constantly puts Liam down, belittles his accomplishments and takes advantage of his kindness. Liam is torn between maintaining the friendship and his own well-being.

How can Liam address Max's behaviour?