

Value Cards

Print and cut out copies of these cards for your mentees to use as prompt cards to uncover knowledge about the importance of the Mentorclass workshops.

Know Yourself

Knowing yourself means increasing your awareness of the emotions, motivations, desires, abilities, fears, and aspirations that form the self.



BRAVE Goals

AIME embodies BRAVE (BIG, RISKY, AUDACIOUS, VISIONARY, ENDLESS) goals.



Rebelliousness

We're not going to change anything by accepting the status quo. Sometimes a little rebellion is necessary to create change.



Kindness

Kindness is in the AIME DNA, we LOVE to trade in the currency of kindness.



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Hope

Hope is believing in a better future and working to make it happen.



Freedom

Freedom is about casting off the chains that come from ourselves, history, and society.



No Shame

No shame at AIME is one of the earliest catchphrases. There's zero tolerance at AIME for casting shame on others for expressing themselves or for being who they are.



Failure

When we fail, we learn.
When we learn, we grow.



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Initiative

Initiative is about saying 'If not me then who? If not, now then when?'



Forgiveness

Forgiveness gives us the power to move beyond a certain circumstance or person and not let it define us.



Effort

Effort is the gear behind change.
It's not always pretty but it's completely necessary.



Mentors Not Saviours

Mentors are not here to 'save' the youth that they work with. They are here to mentor kids so that they are stronger without them.



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Change

Change is the only constant!



The Gift of Time

The greatest gift we can give is the gift of our time by turning up for others.



Empathy

Empathy is feeling with the heart of another person.



Yes, and...

At AIME, YES AND means encouraging a collaborative environment and cherishing ideas before burning them.



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Listening

Listening is the gateway to empathy and connection, and is often a more powerful action than speaking.



Asking Questions

Asking questions allows us to move from what we already know to what we don't yet know.



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